

# Our Mental Health Collective



# Healing Together

A Mental Health & Wellness Fair  
FOR COMMUNITIES OF COLOR



SATURDAY,  
**May 2, 2026**  
12 PM - 5 PM

 **Paul I. Phillips  
Boys & Girls Club**  
726 Madison Ave SE,  
Grand Rapids, 49503

Learn more about this event →

**WELCOME TO**

# Healing Together:

**A Mental Health & Wellness Fair  
for Communities of Color**



***“Your presence is powerful, and your wellness matters.”***

Welcome! We are honored to have you join us for a day centered on healing, connection, and empowerment. Our Mental Health Collective is proud to host this event as a reflection of our deep commitment to the well-being of Black, African, Asian, Indigenous, Latine, and other historically marginalized communities.

Today, we invite you to explore culturally-informed resources, connect with clinicians and community members, and take part in family-oriented activities designed to uplift and support your mental health journey.

Thank you for being here. Your presence is powerful, and your wellness matters. Together, we are creating space for healing, growth, and community.

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## Explore:

[ABOUT OMHC →](#)

[AGENDA →](#)

[MAP →](#)

[SERVICE PROVIDERS →](#)

[VENDORS →](#)

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## ABOUT OMHC

# Building Care That Honors Identity and Community



## Empower healers. Expand access. Create change.

At Our Mental Health Collective, we focus on removing the barriers that keep marginalized communities from accessing the mental health care they deserve. We believe healing should be culturally grounded, identity-affirming, and accessible to all. Through our statewide directory, bilingual programs, community events, workshops, and partnerships, we bring care directly into trusted spaces while expanding access to culturally responsive clinicians and wellness providers.

We also work to dismantle systemic barriers by investing in clinicians of color through training, mentorship, and funding, increasing representation across the field. As more BIPOC providers thrive, communities gain greater access to identity-affirming care, creating a cycle of stronger support and improved well-being. Our goal is to build a future where care is not a privilege, but a right—shaped by and for the communities it serves.

[LEARN MORE →](#)

[DONATE →](#)

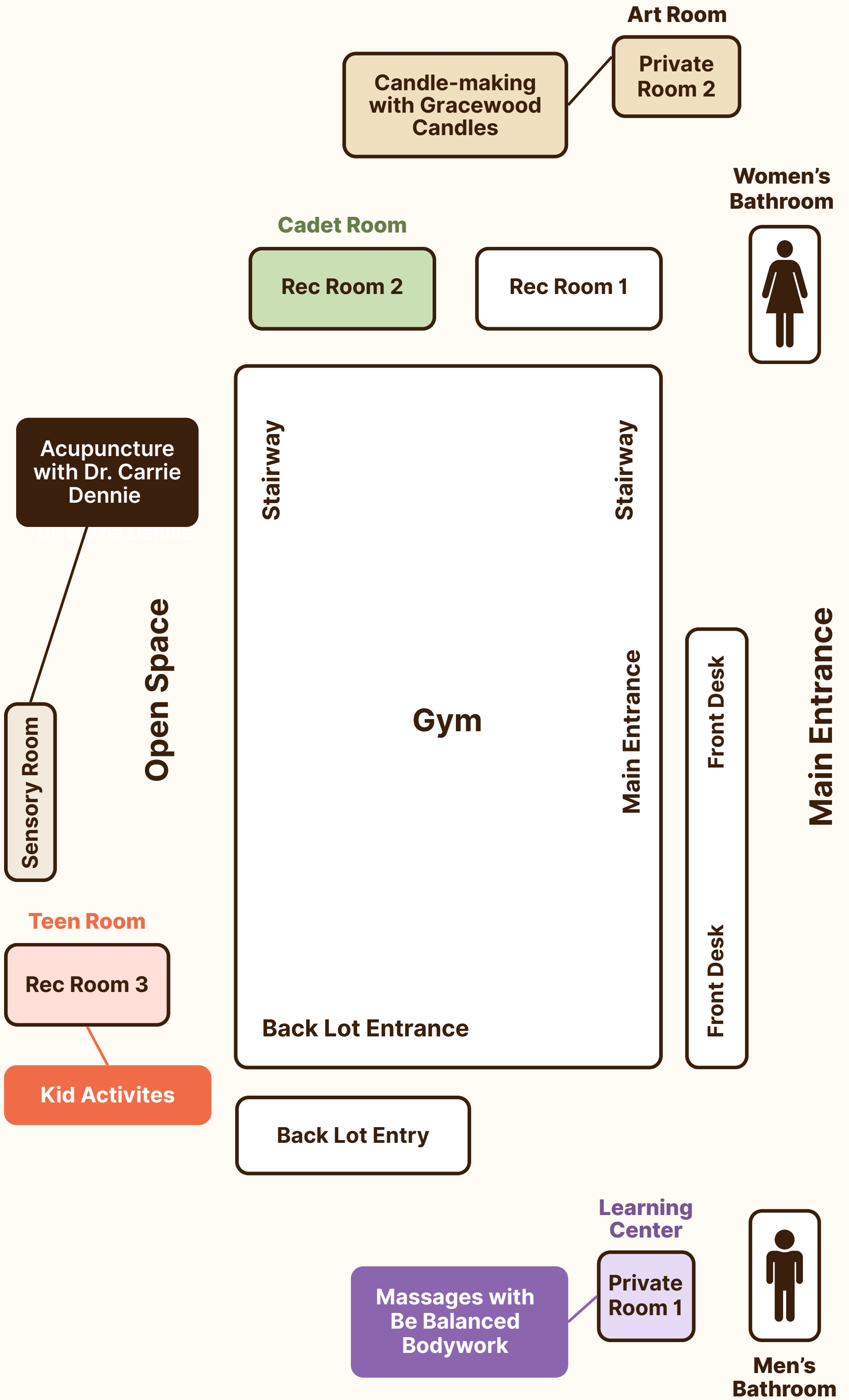
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## **RUN OF DAY: WHAT TO EXPECT**

<b>Time</b>	<b>What's Happening</b>	<b>Where</b>
<b>ONGOING</b>	<b>Check in &amp; Registration</b>	<b>Building Entrance</b>
<b>ONGOING</b>	<b>Vendor Speakers &amp; Raffles</b>	<b>Gym</b>
<b>12:00 - 2:00 PM</b>	<b>Giveaway Tables</b>	<b>Gym</b>
<b>12:00 - 4:30 PM</b>	<b>Face Painting</b>	<b>Teen Room</b>
<b>12:00 - 5:00 PM</b>	<b>STEM Activities with Cognitive Kids</b>	<b>Teen Room</b>
<b>12:00 - 2:00 PM</b>	<b>Kid's Yoga</b>	<b>Teen Room</b>
<b>12:00 - 5:00 PM</b>	<b>Vendors</b>	<b>Gym</b>
<b>12:00 - 2:30 PM</b> <hr/> <b>3:00 - 4:30 PM</b>	<b>Accupuncture with Dr. Carrie Dennie</b>	<b>Sensory Room</b>
<b>1:00 - 3:30 PM</b>	<b>Line Dancing with Queens of J</b>	<b>Gym</b>
<b>1:00 - 4:00 PM</b>	<b>Candlemaking with Gracewood Candles</b>	<b>Art Room</b>
<b>2:00 - 4:00 PM</b>	<b>Live Painting with Brandy Stuart</b>	<b>Gym</b>
<b>12:00 - 4:45 PM</b>	<b>Chair Massages with Be Balanced Bodywork</b>	<b>Learning Center</b>
<b>5:00 PM</b>	<b>Event Conclusion</b>	

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# EVENT LAYOUT



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## **ENJOY SERVICES AND ACTIVITIES BY:**

### **FOOD VENDOR**

#### **Rolling Soul**

*12:00 pm - 5:00 pm*

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### **FOOD VENDOR**

#### **SumNa Eat**

*12:00 pm - 5:00 pm*

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### **FOOD VENDOR**

#### **Rub-n-Grub**

*12:00 pm - 5:00 pm*

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### **FACE PAINTING**

#### **OMHC KidZone**

*12:00 pm-4:00 pm*

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### **KIDZONE ENRICHMENT ACTIVITIES**

#### **Takara Taylor, TLLP of Cognificant Kids**

*1:30 pm – 4:30 pm*

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### **ACUPUNCTURE**

#### **Dr. Carrie T. Dennie, ND, MsAc of Vibrant Wellness**

*12:00 pm - 2:30 pm, 3:00 pm - 4:45 pm*

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### **MASSAGE**

#### **BeBalanced Bodywork**

*12:00 pm - 2:00 pm, 2:30 pm - 4:45 pm*

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### **CANDLE-MAKING**

#### **Gracewood Candles**

*1:00 - 1:30 pm, 2:00 - 2:30 pm, 3:30 - 4:00 pm*

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### **GROUP ACTIVITY**

#### **Plant Propagation**

*12:00 - 5:00 pm*

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# THANK YOU TO OUR SPONSORS

## MENTAL HEALTH LEADER



790 Fuller Ave. NE, Grand Rapids, MI 49503  
(616) 336-3909 | (800) 749-7720  
[www.network180.org](http://www.network180.org)

Network180, Kent County Community Mental Health Authority, provides coordinated mental health, substance use, and intellectual and developmental disability services for adults, youth, and families, offering a seamless experience that integrates behavioral and primary care. With services including outpatient care, 24/7 crisis support, and mobile crisis response, individuals can access help at any time by calling their Access Line. Guided by a mission to inspire hope, improve mental health, and support self-determined lives, Network180 is committed to promoting inclusion, reducing stigma, and prioritizing prevention. The organization focuses on delivering accessible, innovative, and effective services through strong community partnerships while upholding the dignity of all individuals and maintaining integrity and accountability in everything they do.

## MENTAL HEALTH ADVOCATE



## MENTAL HEALTH ALLY SPONSOR



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# THANK YOU TO OUR VENDORS



**Grand Rapids LGBTQ+  
Healthcare Consortium**  
[grlgbtqhealthcareconsortium.org](http://grlgbtqhealthcareconsortium.org)

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**The Social Work  
Concierge, LLC**  
[socialworkconcierge.com](http://socialworkconcierge.com)

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**Thrive Center for Wholeness**  
[thrivecenterforwholeness.com](http://thrivecenterforwholeness.com)

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**Clarity Therapy &  
Consulting, LLC**  
[claritygr.com](http://claritygr.com)

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- **JC Counseling LLC**
- **Bridge to Restoration Therapy Services**
- **Haven of Resilience Psychotherapy**
- **Space for Change Therapeutic Services**
- **MADDTHERAPY**
- **C&B Well**
- **Mitze Alexander LMSW**
- **Take Flight Wellness**
- **River City Psychological Services**
- **Speak Easy Mental Health**
- **Dream With Courage**
- **Wisdom in Wombs Doula Services**
- **Doc Status Herbal Products**
- **Grand Rapids Public Library**
- **Plant Table**
- **Kent County Health Department**
- **Exhale Therapy and Wellness PLLC**
- **Treasured Brown Girl**
- **Nova Adorn**
- **Restoring Dreams Therapy**
- **Shea Buttercups By TahLee**
- **Benevolent Whispers**
- **Beauty & The Beads**
- **Nature's Drizzle**
- **Mindshift Recovery**
- **MomsBloom**
- **Grand Rapids Pride Center**
- **Taylor Made Re-Entry**
- **Healthy Kent Perinatal Mood and Anxiety Disorders Coalition**
- **Urban League of West Michigan**
- **Corewell Health-West c/o Strong Beginnings-BeLatched**
- **Beville Counseling LLC**
- **The Connection Cafe**

# Our Mental Health Collective

## Thank you for joining **Healing Together**

**A Mental Health & Wellness Fair  
FOR COMMUNITIES OF COLOR**



## Your feedback is important to us.

In order to make sure this event supports the needs of our community and the providers who serve, click the button below that pertains to you and fill out the survey.

**We appreciate your time and feedback.**

**COMMUNITY  
SURVEY**

**VENDOR  
SURVEY**

**Our Mental  
Health Collective**

# **Advocacy Committee Podcast**

**OMHC's Advocacy Committee  
is starting a podcast and  
wants YOUR feedback.**

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**Click the button below to  
share your thoughts!**

**CLICK HERE TO COMPLETE THE SURVEY →**

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CONNECT WITH US

Our  
Mental  
Health  
Collective

# Find Culturally Responsive Mental Health Care



At OMHC, we believe that mental health and wellness care should be easy to access and reflect the unique experiences of the communities it serves. That's why we're committed to providing culturally responsive, affirming support for Black, African, Asian, Indigenous, Latine, and other Communities of Color. We also stand firmly in the belief that LGBTQIA+, Neurodiverse individuals, and People of Color with Disabilities deserve the same quality of care. Everyone deserves to feel seen, heard, and supported on their path to healing.

CONNECT WITH A MENTAL HEALTH OR WELLNESS PROVIDER →



**Are you a Mental Health or Wellness Provider in Michigan? Join our FREE directory!**

JOIN NOW →